



At Less Cost---

There's more nutritive value that the system will absorb in Grape-Nuts than in either meat or bread.

A remarkable fact.

Weight for weight, a package of Grape-Nuts supplies one-third more nourishment than a roast of beef and at about half the cost. A roast of beef is about twenty per cent waste and there is a shrinkage in cooking. Grape-Nuts comes ready cooked—and not a crumb need be wasted.

Think it over!

Then there's bread—white bread lacks certain elements essential to building brain and body. Why? Because in milling white flour, four-fifths of the precious mineral content (all important for health and life) is thrown out with the brancoat of wheat, to make the flour look white and pretty.

Grape-Nuts

FOOD

not only supplies all the brain and bone-building, nerve and muscle-making phosphates of the wheat, but all the rich nutriment of malted barley.

Besides Grape-Nuts is easily digested—generally in about an hour—white bread and beef require about 2½ hours.

Grape-Nuts comes in germ-proof, moisture-proof packages—ready to serve with cream or milk—a delicious ration, economical and highly nourishing.

"There's a Reason"

Sold by Grocers everywhere

If Your Hair is Falling Out
we know of no better remedy than
Rexall "93"
Hair Tonic
A preparation which we gladly recom-
mend to you. 50c. a bottle.
H. J. Brownson

Treat it Gently.
The human heart is like a mill-
stone in a mill. When you put wheat
under it it turns and grinds and
bruises the wheat to flour; if you put
no wheat it still grinds on, but then
it itself it grinds and wears away.
—Martin Luther.

CIRCUS BRINGS DUMB ACTORS

Trixie Congo is a modest, demure little miss despite the fact that she is the leading lady of a troupe of comedians whose antics are laughed at by young and old in every state in the union. Trixie is one of the stars of the Ringling Brothers' zoo and she is to appear here Saturday, October 2.

Trixie is only one of a number of wild animal actors who will amuse the children and grown-ups. Never before in their career as showmen have the Ringling Brothers offered so



many trained wild animal features as they are presenting this season. In addition to Trixie Congo, the wonderful educated orangutan, there are marvelous kangaroos, a troupe of trained baby elephants, five herds of trained baby elephants, who do almost every kind of feat from playing baseball to dancing the tango; two troupes of educated seals and sea lions; and a number of marvelously trained herds of horses and ponies.—Adv.

Swellings of the flesh caused by inflammation, cold, fractures of the bone, toothache, neuralgia or rheumatism can be relieved by applying **Richard's Snow Liniment**. It should be well rubbed in over the part affected. Its great healing and penetrating power eases the pain, reduces swelling and restores natural conditions. Price 25c. 50c and \$1.00 per bottle. Sold by Owl Drug Store.—Adv. d&w

WANTED—Clean cotton rags at the Daily Express office.

DECLARES HE DID NOT KILL TWO

Ed Stephens merely nodded his head last night when Sheriff Bailey told him that the party had located the skeleton of his victim just where he had told them to look. He was asked about the other man whom rumor had it he might have killed, but declared he knew nothing of it, and officers believe he is telling the truth.

According to verified reports, several years ago a man came through the country with a wagon and team. Stephens became the owner of the team, according to the reports officers were able to obtain, and no one ever saw the traveler again. Sheriff Bailey declared this morning that he believed the man would admit the killing if he had committed it.

Stephens' father arrived in Chickasha today, but he did not see his son in the county jail. He declared that he might see him later but that he could not bear the sight this morning.

The insanity board cannot meet today on account of the absence of A. K. Swan, assistant county attorney, who is a member of the board. It will probably meet tomorrow.

Every particular of Stephens' confession was corroborated with the finding of the remains of his victim. The paper knife was found, not yet rusted out, and an "S" wrench was found with it. A hole in the lad's skull suggested also that he may have been struck with some blunt instrument.

LIBRARY BULLETIN.

Hours open, from 1 to 9 p. m. Sundays, 3 to 5 p. m. Phone 1124.
Blaisdell—Child Life Fifth Reader; Child Life Third Reader; Child Life Fourth Reader.

Sneath—The Golden Word Book; The Golden Deed Book; The Golden Key Book; The Golden Ladder Book; The Golden Path; The Golden Door.
Baker and Carpenter—Sixth Year Language Book.

Chamberlain—How We Are Clothed; How We Are Fed; Asia; Africa; Europe.

McMurray—Pioneers of the Mississippi Valley; Pioneers on Land and Sea; Pioneers of the Rock Mountains and the West.

Hart—How Our Grandfathers Lived; Camps and Firesides of the Revolution; Romance of the Civil War.

Chamberlain—The Continents and Their People—South America; The Continents and Their People—North America.

Dickson—Camp and Trail in Early

American History.
Remister—Indian Legends.
Gardner—Nature Stories.
Calhoun—When Great Flocks Were Little Flocks.
Chamberlain—How We Are Sheltered; How We Travel.
Oswell—Literary Reader for Higher Grades.
Schulze—Robert Fulton.
Johnson—Capt. John Smith.
Root—Nathan Hale.
Gilman—Robert E. Lee.
Parton—Captain of Industry.
Harris—Little Mr. Thimblefinger Stories.

Keat—Southern Poems.
Hawthorne—Tanglewood Tales.
Dickens—Christmas Carol and Cricket on the Hearth.
Hughes—Tom Brown's School Days.
Jewett—Play Day Stories.
Scudder—The Book of Legends.
Aldrich—The Story of a Bad Boy.
Moore—Life of Abraham Lincoln.
Wiggins—Polly Oliver's Problem.
Burroughs—Birds and Bees, Sharp Eyes and Other Papers.
Warner—In the Wilderness.
Scudder—George Washington.
Moore—Life of Christopher Columbus.

DeLoe—Robinson Crusoe.
Hawthorne—A Wonder Book for Girls and Boys.
Scott—Ivanhoe.

Longfellow—Song of Hiawatha.
Schultz—The Indian Boy.
Perkins—The Eskimo Twins.
Burroughs—The Bird Stories from Burroughs.

Miller—First Book of Birds.
Burroughs—Squirrels and Other Fur-bearers.

Brown—Lonesome Doll.
Hopkins—The Doors.
Hazard—Three Years With the Poets.

Stevenson—Children's Classics in Dramatic Form.
Mable—Heroes Every Child Should Know.

Sharp—The Fall of the Year.
Higgins—Little Gardens for Boys and Girls.
Brown—John of the Woods.

Grover—Kittens and Cats.
Scudder—Book of Fables and Folk Stories.
Hotchkiss—Representative Cities of the War.

Schultz—With the Indians in the Rockies.
Schultz—The Guest of the Fish-dog Skin.

Baylor—Juan and Juanita.
Wheeler—Mother Goose Melodies.
Scudder—The Children's Book.

Van Sickle—Riverside Readers—Primer; Riverside Readers—First Reader.
Perkins—Japanese Twins.

Cooper—The Prairie.
Tomlinson—The British Isles.
Holbrook—Book of Nature Myths.

Industrious Turkish Women.
The Turkish women are to be counted among the most industrious of the earth. They certainly do a vast amount of work. They make carpets, screens for doors, workbags, horse clothing and blankets. A Turkish girl makes all the kiftika or tent domestic carpets and other household requisites before she is married. If she gets married without completing this task it is expected that she will, by her own labor, refund the money which her parents have given her as her dowry. This dowry usually consists of one hundred sheep and a certain amount of money, which a bridegroom usually pays down in a lump sum to the parents of the bride. An important part of the ceremony is to decorate a camel with the handsomest trappings, which are sent to the bride's tent. On this she goes forth to receive congratulations of her relatives and friends. It is on this she is carried away by the female relatives of the bridegroom. She and her attendant feign to resist the act by throwing raw oats at the other women.

Resurrecting a Dead Battery.
A clock having an electric contact stopped with the contact closed, so that when it was started up a couple of hours later, the battery was so far polarized that it could not operate the magnet to which it was connected. To wait till the battery could recuperate would mean leaving the mechanism out of use for some hours. The battery consisted of three Leclanche cells. Five dry cells were brought in to use. Connected in series, the terminal wires were touched to the terminals of the exhausted battery, zinc to zinc and carbon to carbon. After 30 seconds of this reverse current the battery was fully restored and ready for business.

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in the many beautiful shades and colorings that we have assembled from the many mills, will afford you a rare selection, all for a small payment down balance by week or month.

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218 Chickasha Avenue

The New Shoe Store

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Wednesday, Sept. 15th, to

Thursday, September 16th

While our store will be opened on this date our stock will be better displayed Friday and Saturday.

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FIVE STORES:
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Kingfisher,
Hennessey,
Butler,
Sayre.

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Largest Retailers
of Good Shoes
in Oklahoma

KOZY

OUR : SPECIALS : THIS : WEEK

Tuesday. "Heart Ablaze. 3 Reel Vitagraph
Featuring Julia Swayne Gordon, Leo Delaney and G. Roger Lytton. It's great. Also Chas. Chaplin in "Dough and Dynamite."

Friday. Francis X Bushman in
"The Providence of Mrs. Urmey"
3 Reel S-A Society Drama.

5c-10c

Vaudeville Changes Sunday and Thursday